



[Facebook.com/SGGirlsRugby](https://www.facebook.com/SGGirlsRugby)  
Email us for more information at:  
[SGValkyries@gmail.com](mailto:SGValkyries@gmail.com)

**Singapore Valkyries  
Girls Contact Rugby Program**

**For girls age 8 to 18 years  
Training Sessions at Turf City:**

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**Saturdays**  
8:30AM (all ages)  
at Centaurs Sports Park

**Sundays**  
8:00AM (U8 & U10)  
9:15AM (U11-U18)  
at Tanglin Rugby Club.

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A program supported by the Singapore Rugby Union,  
Junior Rugby Clubs Singapore, generous sponsors and  
enthusiastic volunteers.